

7th Grade Parents' Month to Help
in the Kitchen

OCTOBER 2017 LUNCH MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 MILK and SALAD BAR Served with Every Meal	2 NO SCHOOL	3	4 Ham & Cheese Croissant Broccoli Cheddar Soup Apple Dessert	5 Beef Patty in Gravy Mashed Potatoes Dinner Rolls Corn Grapes	6 Chicken Strips French Fries Green Beans Pineapple Chunks	7	
8	9 Shepherd's Pie Dinner Rolls w/ Butter Pears	10 BLT on WG Buns Tomato Soup Croutons Peaches	11 Corn Dog Macaroni & Cheese Peas Tropical Fruit	12 Spaghetti w/ Meat Sauce Garlic Bread Applesauce Cups	13 Frito Pie Nacho Cheese Chocolate Chip Cookie	14	
15	16 Chicken Nuggets Tator Tots Green Beans Mixed Fruit	17 Sloppy Joes Potato Wedges Apple crisp w/ Cool Whip Topping	18 Crispy Chicken Patty on a WG Bun Baked Beans Peaches	19 Sliced Ham Mashed Potatoes w/ Gravy Bread & Butter Jell-O Cups w/ Cool Whip Topping	20 Parent's Inc.	21	
22	23 Chicken Alfredo Mixed Vegetables Breadsticks Tropical Fruit	24 French Toast Sticks Potato Cake Sausage Link Celery Stick w/ Peanut Butter Apple Juice	25 Chili Crackers & Cheese Cinnamon Roll Peaches	26 Pepperoni Pizza Breadstick w/ Marinara Sauce Pears	27 NO SCHOOL FALL BREAK	28	
29	30 NO SCHOOL FALL BREAK	31 Hamburger Goooo-losh Bread & Butter Candy Corn Pumpkin Dessert				Menu May Change Due to Availability of Supplies	

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